

# Red Teaming

Finding your flaws before someone else does

# Disclaimer

What follows are *our* opinions based upon *our* experiences. The opinions expressed herein are not necessarily those of our employer. Nor are they necessarily representative of ISSA Portland or any affiliated organization.

# Trigger Warning

Cursing

Adult themes

Gratuitous use of gifs

Feel free to GTFO



# BLASPHEMY

A ticket to Hell has never been funnier

# Who are we?

## Chris

- 5+ years in industry
- Focus on RE and Exploit Dev
- Certs: OSCP, OSCE, OSWP, OSEE (meta-cert: Offsec groupie)
- Bachelors of Sci in CS & Math, U of WA

## Robert

- 3+ years in industry
- Focus on Pen Testing
- Certs: OSCP
- Bachelors of Sci in CS, U of AK:FB

# Who are you?

- Defense (blue team)?
- Background: IT / Eng / Other?

# State of the industry

I used to be an anarcho-socialist, espoused that we freely share the fruits of our labor and demonized the military industrial complex.



Now I deal in "cyber munitions" as part of the "cyber industrial complex" ...



while corporations demand that I freely share the fruits of my labor.



# What is Red Teaming?

*Broadly, any activities performed to test the security of an asset or the effectiveness of the security wrapped around that asset*

- Vulnerability assessment: identifying known vulnerabilities in deployed infrastructure w/o exploitation (breadth emphasized)
- Penetration testing: identifying and exploiting known vulnerabilities, primary goal is penetration (depth emphasized)
- Vulnerability research: determining the exploitability of a vulnerability in custom code once found
- Exploit development: act of "weaponizing" a vulnerability
- To a much lesser degree static/dynamic code analysis: identifying vulnerabilities in custom code (src/binary must be accessible). This enters the realm of Prod Sec



# Why have a Red Team?



Developers/SysAdmins are rather attached to their code/boxen



Red team has no such qualms

(actual video of Red Team at work)

# Where does red teaming fit?

- Can collaborate with blue teams (to varying degrees)
  - Poor-man's solution is "purple team": one team responsible for offense/defense
  - Slightly more expensive is two separate teams
- Can be divorced from blue team
  - This makes sense in the context of a penetration test
  - Not so much the rest of the time
- Position wrt R&D vs. IT
  - Depends upon the culture of your company & goals
  - R&D: If you produce technology, red teaming needs to be engineering-oriented and working on abusing what your devs are producing.
  - IT: If you utilize someone else's technology, red teaming needs to understand how it is consumed and what it can do.

# Product Security vs. Operational Security



How to implement?

# In-house or out-source

Depends on your resources, culture, & goals

## In-house

- Need routine security work
- Have resources to maintain full-time team
- Your assets are *unique*, environment has a high-bar for access, or your IP is especially sensitive
- Conflict of interest: don't want to offend co-workers

## Out-source

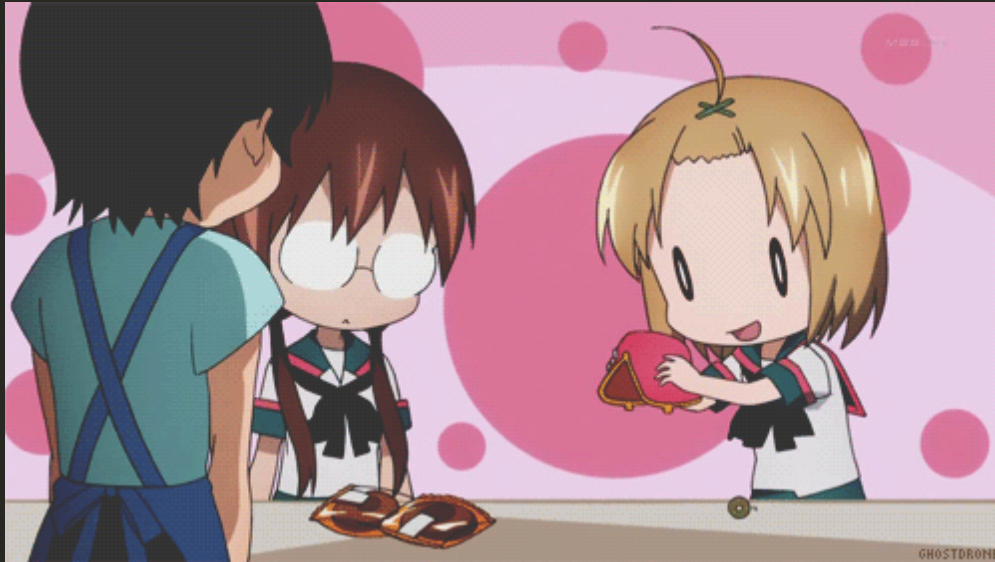
- When you only need assessment rarely
- Have resources to burn
- Your assets are relatively routine
- Conflict of interest: they are your client and want to string you along as much as possible



# Hooman/Tool Up

More pertinent to In-house team, but also relevant for outsourced

- Hiring
  - Here be dragons: insane amount of snake oil salesmen
  - If your role is technical: keeping your interviews technical will force frauds to sweat bullets
- Outsourcing
  - Scope the market, ask peers at other companies about their experiences
  - Options range from the crazy expensive to the dirt cheap; emulate something between Nation State and bored teenagers
- Tooling
  - In *almost* all cases, regardless of the type of tool, there will be commercial (read: expensive) and open-source solutions
  - In *almost* all cases, the open source solutions are more than adequate for most purposes
  - That being said, there are tools that will be worth paying for. I encourage you to consider these and know when it's worth dropping the money.



# Security is expensive

Still cheaper than getting popped

# Fancy new Red Team

Wat do?



Anarchy! Your job is to break rules

# There are lots of areas

Network Security

Application Security

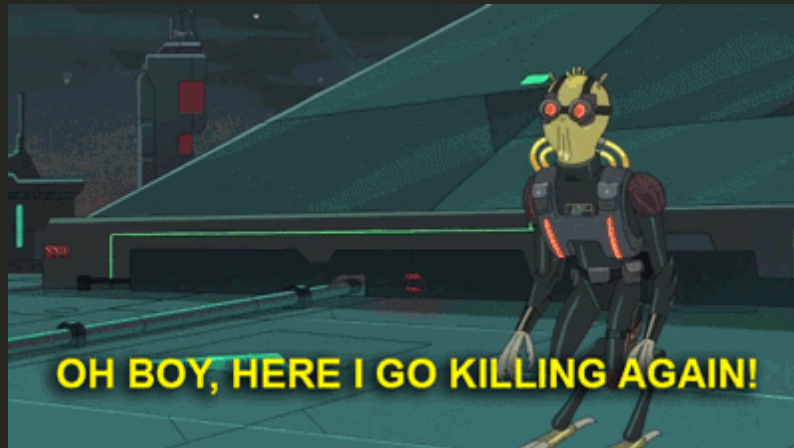
Mobile Security

Web Application Security

Incident Response

Checkbox Checking -- er, Compliance

# Let's dive in!



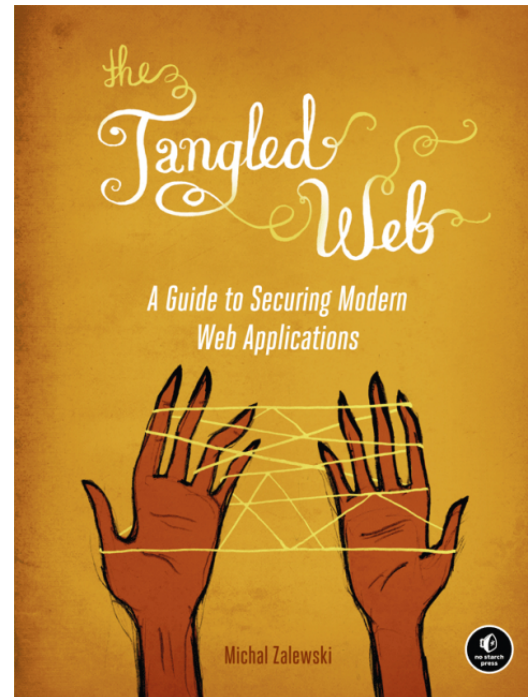
# Web Application Security

I think this internet thing might just catch on...

- Relatively low barrier to entry
  - Straight-forward to do with open-source tools
  - Readily available research
  - Can often be done with *just* a browser
- Current market hotness
  - Paired with mobile security
  - Trend towards SaaS/subscription-model where valuables are server-side

# Complexity Tradeoff

- Traditional AppSec
  - Focuses on Code Execution & Priv Esc
  - Requires deeper system knowledge
- Web Sec is a Tangled Web(c) of resources
  - Server resources:
    - Some sort of App stack (Java,Python,Ruby,PHP)
    - Database
    - Invariably other sources of compute
  - Client resources:
    - Cookies, Passwords, Compute



"The Tangled Web". Michal Zalewski (No Starch Press)



# Attack Surface Everywhere

# Demo time



# Behold: our Demo App

- Simple CMS/Blog app
- Built on Flask(Python)
- Sqlite database

# Step 1: Reconnaissance

Step 2: ????

Step 2: ????

(Connect some dots)

# Step 3: Profit! (Pwnage)

# Bugs

- XSS via comments
- SQLi from admin panel
- Directory traversal via file upload

The directory traversal bug (using an SSH public key) can allow for shell access.